

Our Chef's

Cashew Nuts Tossed Chicken

Strips of tender boneless chicken marinated with lobster sauce, toss fried with cashews. One of our chef's most proudly presented dishes.

\$17.75

Triple Mushroom Chicken

Braised mix mushrooms with Chicken and oyster sauce.

\$17.75

Black Bean Chicken

Cubes of tender boneless chicken marinated with wine and delicate spices, cooked in black bean garlic sauce, an authentic Cantonese dish.

\$16.75

Gee Gee Chicken

Tender sizzling boneless chicken, cooked in an earthenware pot and served piping hot, an all time favourite.

\$16.75

Lemon Chicken Canton

Cubes of tender boneless chicken specially prepared with wine, cooked in fresh lemon sauce.

\$16.75

Goo Lo Pork Loin

Sweet & sour sub gum pickles, Prince Philip's favourite.

\$15.75

Mongolian Filet Mignon

Slices of beef tenderloin marinated with Chinese wine, sauteed with onions in Our Chef's exotic sauce.

\$23.75

Filet Mignon Aristocratic

Slices of beef tenderloin marinated with Chinese wine pan fried over a bed of a crispy variety of vegetables, a real Cantonese favourite.

\$23.75

Ginger Beef

Slices of tender beef, marinated with wine and Sauteed with sliced of tender oriental ginger and green onion, an authentic Cantonese dish.

\$17.75

Mandarin Beef

Marinated slices of tender beef, pan fried with thin slices of crispy toast and bamboo shoots, a delicacy from the Orient.

\$17.75

Shadi Beef

Sliced of tender beef marinated with wine and oriental spices, pan fried with green pepper, Onion, celery and shadi sauce - a northern specialty.

\$17.75

Hot &

Sze-Chuen Beef

Strips of beef, marinated with Chinese wine, Sauteed with green pepper and onions, cooked in our Chef's exotic sauce.

\$16.75

Hot & Dry Spicy Chicken

Pieces of boneless crispy chicken, wok smoked, with exotic blends of spices, green pepper and onion.

\$16.75

Sze-Chuen Chicken

Cubes of tender boneless chicken marinated with wine and delicate oriental garlic chilli, pan fried with green pepper, celery and onion - a northern specialty.

\$17.75

Kung Pow Chicken

Diced chicken, celery, bamboo shoots, mushrooms, Mini corn, wok fried with chili and Hoisin sauce, topped with cashews and Chinese croutons.

\$16.75

Meat with Vegetables

Snow Pea Pods (in season) \$15.75

With beef or barbecued pork.

Beef or Barbecued Pork Mixed Green

Slices of tender beef simmered in oyster sauce, pan fried with mushrooms, bamboo shoots and a variety of vegetables \$15.75

Beef and Fresh Tomatoes \$15.75

Triple Delight \$15.75

Shredded chicken, barbecued pork, bamboo shoots, celery, pea pods and bean sprouts, toss cooked and topped with crispy rice noodles.

Curried Beef \$15.75

Green pepper, broccoli, celery and onions pan fried with curry sauce.

Beef and Broccoli \$14.75

Marinated slices of tender beef fried with broccoli, celery, onion and bamboo shoots in a Chinese Style, crispy and tender.

Lee Hong Chong Aristocratic \$16.75

The first Chinese dish introduced to the Western world was by a special envoy named Lee Hong Chong. His recipe for cooking was the reason Chinese food became popular throughout the world. Shrimp, chicken and barbecued pork pan fried with a variety of vegetables.

Diced Almond Chicken (gai ding) \$14.75

Cashew Nuts Chicken (gai ding) \$14.75

Lingnan's Special Chop Suey \$13.75

Toss fried with shrimps, chicken, barbecued pork mushrooms and bean sprouts

Chop Suey (bean sprouts) \$12.75

Choice of chicken, beef, mushrooms.

Spareribs

Lingnan Special \$14.75

Breaded sweet and sour spareribs

Pineapple Breaded \$14.75

Sweet and sour spareribs

Honey Garlic Ribs \$14.75

Sweet and Sour Ribs \$13.75

Sweet and Sour Sauce \$2.50

Fried Rice

Lingnan Special \$13.75

Blended with diced ham, shrimps, mushroom and green peas.

Chicken / Pork / Beef \$12.75

Tomato Beef Over fried rice \$13.75

Curried Beef over fried rice \$13.75

Plain \$11.75

Steamed White Rice per bowl . . \$5.00

Egg Foo Yong

Lingnan Special \$14.75

A traditional Chinese Canadian dish developed by the Chinese railway workers. Fresh eggs blended with shrimp, mushrooms, green peas, celery, onion and bean sprouts.

Shrimp \$14.75

Chicken or Mushrooms . . . \$13.75

Dessert

Crispy Flower Twists 6 pcs \$4.00

Ice Cream \$3.00

Cheese Cake \$4.50

Beverage

Chinese Jasmine Tea \$2.00

Coffee \$2.50

Tea \$2.00

Milk \$2.50

Soft Drinks (free refills) \$3.50

We Regret We Cannot Be Responsible For Lost Articles.

May We Introduce ...

Our "Vegetarian" Menu

Chow Mein

golden brown egg noodles, pan fried with shredded bamboo shoots, celery, onion, bean sprouts, topped with

Mushrooms / Crushed Almond / Fresh Tomato or Curried Sauce \$13.75

Fried Rice

fried rice with or without egg, imported Chinese soya sauce and green peas with

Mushrooms / Crushed Almond / Fresh Tomato or Curried Sauce \$12.75

Plain Aristocratic Greens \$12.75

Pea Pods or Broccoli with Black Bean Garlic Sauce

snow pea pods or broccoli, celery, onion, bamboo shoots

toss cooked with Chinese black bean garlic sauce \$12.75

Shredded Aristocratic Greens

shredded bamboo shoots, celery, onion, pea pods, mushrooms and bean sprouts

toss cooked, over a bed of oriental style crispy fried rice noodles topped with whole almonds or cashew nuts \$13.75

Diced Almond or Cashew Nuts Ding

A variety of diced vegetables toss cooked with mushrooms topped with

whole almonds or cashew nuts \$13.75

Sam See Foo Yung

the Chinese style omelette with green peas, celery, onion, mushrooms

and bean sprouts \$13.75

Fresh Tomato, Green Pepper

fresh tomato, green pepper, onion, pan fried with tomato sauce

with or without egg \$13.75

Mushroom Bean Cakes

soya bean cakes, deep fried lightly and cooked with

imported soya sauce, mushrooms and onion \$13.75

Lo Han Jai

a special Buddhist recipe of soya bean cake, water chestnuts, bamboo shoots, mushrooms

and a variety of vegetables, toss cooked, over a bed of Oriental style crispy fried rice noodles, topped with whole almonds or cashew nuts \$14.75

Dry Spicy To Fu (deep fried) \$13.75

For banquets, parties, business or social gatherings and catering, etc. please consult our management.

*Home Delivery
Piping Hot to Your Door.*

Weight Watchers:

Aristocratic Greens, pea pods, broccoli, celery, onion, bamboo shoots, sweet mini corns and mushrooms

with Beef \$14.75

with Chicken \$14.75

with Shrimps \$16.75

Appetizers

Egg Rolls (each) \$3.00

Chinese Spring Rolls(each) \$2.50 (4) \$9.00

Green Onion Cakes(each) \$3.25 (2) \$6.00

Vietnamese Spring Rolls (8) or Vegetarian (6) \$8.00

Dry Garlic Ribs \$13.00

Breaded Dry Ribs \$13.00

Deep Fried Wontons with Sweet & Sour sauce \$12.00

Pork Dumplings \$12.00

Barbecued Pork (cold) \$11.00

Scallop Rolls \$11.00

Crispy Bo-Bo \$12.00

(Minced pork deep fried in batter)

Shrimp Cocktail \$13.00

Lingnan's Tidbit Plate \$23.00

(Beef wonton, green onion cake, dry ribs, Vietnamese spring rolls, scallop rolls, shrimp chips)

We Use Pure Vegetable Oil In All Our Cooking

Soups

Wonton (small) \$3.25

(Large) \$10.00

Wor Wonton or Wor Mein \$16.75

Hot & Sour (for 2) \$7.50

Chicken Cream Corn (for 2) \$7.50

Egg Swirl and Pea (for 2) \$7.00

Westlake Soup (for 2) \$8.00

Chicken Rice \$3.00

Chicken Noodle \$3.00

Side Orders

Chicken Finger Plate \$11.00

French Fries \$6.00

Toasted Cashews \$7.00

Toasted Almonds \$7.00

Mushrooms \$8.00

Visit us at:
www.thelingnan.com

Minimum Charge \$12.00 Per Person

Sea Food

Butterfly Prawns (batter crispy) . . \$16.75

Deep fried whole prawns stuffed with ham

Deep Fried Shrimp (batter crispy) \$15.75

With pineapple or sweet & sour sauce . . \$16.75

Tomatoe Shrimp \$16.75

(Not in batter) pan fried green pepper, celery, onion with fresh tomato.

Garlic or Curried Shrimp . . . \$16.75

(Not in batter) pan fried with broccoli, celery, onion in black bean garlic sauce, or in curry sauce.

Diced Almond Shrimp Ding. . \$16.75

Pan fried diced shrimp, mushroom, carrot, corn, green peas, celery, and onion, topped with toasted whole almonds.

Seafood Mix Greens \$18.75

Scallops and shrimp, stir fried with fresh garlic accompanied with broccoli and greens.

Deep Fried Scallops (batter crispy) \$17.75

With sub gum Chinese pickles. Sweet and sour sauce

Mushroom Scallops \$18.75

Scallops blended with oyster sauce, mushrooms and a variety of green vegetables.

Shrimp Mix Greens \$17.75

Chow Mein

Shanghai Noodles \$14.75

Large fat noodles stir fried with chicken, Chinese mushrooms and cabbage.

Singapore Noodle "Rice Noodle" \$15.75

Stir fried with curry, shrimp, pork and bean sprouts.

Chow Mein (Old School)

Old school inspired from first western Chinese Canadian Community. Bean sprouts, celery, and onion pan fried with Chinese cooking wine topped with crispy dry noodles

Shrimp \$13.75 **Chicken / Beef / Mushroom** . . . \$12.75

Chicken Dishes

Pineapple on Sweet & Sour

Chicken Balls (batter crispy) . . . \$15.75

Crushed Almond Chicken . . . \$15.75

(Batter crispy) tender fresh breast of chicken in batter, deep fried and sprinkled with chopped almonds.

Crispy Lemon Chicken \$15.75

(Batter crispy) deep fried tender breast of chicken, specially prepared, topped with fresh lemon sauce, one of our most popular dishes.

Curried Chicken \$15.75

(Not in batter) boneless slices of chicken pan fried with a variety of green vegetables in curry sauce.

Mushroom Chicken Balls . . . \$16.75

(Batter crispy) deep fried chicken blended with oyster sauce, mushrooms And a variety of green vegetables.

Mushroom Chicken Gai Pan. . \$16.75

(Not in batter) sliced boneless chicken, pan fried with mushrooms and a variety of green vegetables.

Chicken Drum Sticks and Wings

In Heaven with sweet & sour sauce . \$14.75

or Honey Garlic \$14.75

Cantonese Special \$13.75

Very fine egg noodles, pan fried with shrimp, chicken, barbecued pork, and bean sprouts.

Chinese Style Aristocratic Chow Mein

Pan fried crispy golden brown egg noodle with a variety of vegetables.

Beef / Chicken \$16.75 **Shrimp** \$18.75

Sea Food \$19.75 **LHC** \$18.75

Gourmet Special

Peaches and Cream Shrimp

Prawns battered lightly. Tossed in a light cream sauce with preserved peaches. Served on a bed of fried rice noodle.

Truly an unique dish from Hong Kong.

\$18.75

Seafood Aristocratic Chinese

Style Chow Mein

Jumbo shrimp and scallops pan fried with a variety of vegetables over a bed of fine crispy golden brown egg noodles, real Chinese Country Style.

\$18.75

Shrimp or Scallops with Pea Pods

Fresh shrimp or scallops pan fried with pea pods, celery, onion and bamboo shoots.

\$19.75

Lobster Tail Canton

Chopped into cubes, mixed with minced pork, seasoned with wine and spices, pan fried then blended in a soft egg sauce.

\$35.75

Lobster Tail Aristocratic

Chopped into cubes, seasoned with wine and black bean garlic sauce, pan fried with hearty vegetables. A truly Cantonese dish.

\$35.75

Spicy

Sze-Chuen Shrimp ■ ■

Tossed shrimp marinated with wine and oriental chili and spices, cooked with cashew nuts, diced bamboo shoots, peas, straw mushrooms, green pepper and onion.

\$19.75

Imperial Peppercorn Stirfry ■

Onion, green and red pepper pan fried with peppercorn and sauteed in our chef's favorite wine. Choice of chicken or beef

\$16.75

Fresh Tomato Chicken

Cubes of tender boneless chicken marinated with wine pan fried with fresh tomato and onion.

\$16.75

Sesame Chicken Canton

Boneless chicken marinated with wine, sauteed in sesame oil, then pan fried with pea pods, celery, onion, bamboo shoots, topped with sesame seed.

\$16.75

Yang Chow Fried Rice

Northern style with special light brown soya sauce, shrimp, barbecued pork and green peas.

\$14.75

Crispy Nest

Choice of meat or seafood marinated with wine, pan fried with a variety of vegetables. Served in potato nest.

Beef or Chicken \$18.75

Shrimp & Scallops \$20.75

Spicy Eggplant

With Minced Pork . . \$17.75

Sweet Chili Chicken . . . \$18.75

Korean Chicken ■ ■ ■

Tender boneless chicken pan fried in world famous tradition AL Korean chili blend with green peppers, celery and onion.

\$17.75

Lemon Grass Chicken ■

Adapted from southern China, strips of tender chicken, flash fried and glazed with lemon grass, onion and chili Thai fish sauce.

\$16.75

De-Luxe Dinner

De-Luxe Dinner For 2 \$23.75 per person

- Won Ton Soup*
- Butterfly Jumbo Shrimp*
- Crispy Lemon Chicken*
- Manchurian Beef, Lobster Sauce*
- Lingnan Special Fried Rice*
- Fortune Cookies*

(service for 3 persons, add Cantonese Chow Mein)

De-Luxe Dinner For 4 \$23.75 per person

- Won Ton Soup*
- Butterfly Jumbo Shrimp*
- Crispy Lemon Chicken*
- Manchurian Beef, Lobster Sauce*
- Cashew Nuts Chicken Gai Ding*
- Sze-Chuen Beef*
- Lingnan Special Fried Rice*
- Fortune Cookies*

(service for 5 persons, portions increased accordingly)

De-Luxe Dinner For 6 \$23.75 per person

- Won Ton Soup*
- Butterfly Jumbo Shrimp*
- Crispy Lemon Chicken*
- Manchurian Beef, Lobster Sauce*
- Cashew Nuts Chicken Gai Ding*
- Sze-Chuen Beef*
- Cantonese Chow Mein*
- Lingnan Special Fried Rice*
- Fortune Cookies*

(service for 7 or more persons, portions increased accordingly)

Yang Sing Gourmet Menu

For 2 Persons *\$39.75 per person*

Yang Sing Tidbit Plate
Vietnamese Spring Roll, Green Onion Cake, Dry Garlic Ribs, Shrimp Chips

Soup
imported straw mushroom chicken wonton

Entree
Mongolian Filet Mignon
Slices of beef tenderloin marinated with Chinese wine, sauteed with onions in our chef's exotic sauce.

Lobster Aristocratic Pea Pod
Chopped into cubes seasoned with black bean garlic sauce, pan fried with pea pods, celery, onion and bamboo shoots.

Yang Chow Fried Rice
Northern style with special light brown soya sauce, shrimps and barbecued pork.

Dessert
Chinese Mini Donuts

For 4 Persons: Gee Gee Chicken add to above.
For 6 Persons: Sub Gum Goo Lo Pork (sweet & sour) add to above.

Family Style Dinner

Dinner For 2 \$22.00 per person

- Soup of the Day*
- Deep Fried Shrimp*
- Sweet & Sour Spareribs*
- Chicken Chow Mein (Old School)*
- Barbecued Pork Fried Rice*
- Fortune Cookies*

(service for 3 persons, portions increased accordingly)

Dinner For 4 \$22.00 per person

- Soup of the Day*
- Deep Fried Shrimp*
- Pineapple Chicken Balls*
- Sweet & Sour Spareribs*
- Chicken Chow Mein (Old school)*
- Beef Broccoli*
- Lingnan Special Fried Rice*
- Fortune Cookies*

(service for 5 persons, portions increased accordingly)

Dinner For 6 \$22.00 per person

- Soup of the Day*
- Deep Fried Shrimp*
- Pineapple Sweet & Sour Chicken Balls*
- Chicken Chow Mein (Old School)*
- Beef Broccoli*
- Barbecued Pork Ding*
- Sze-Chuen Beef*
- Lingnan Special Fried Rice*
- Fortune Cookies*

(service for 7 or more persons, portions increased accordingly)

Individual Combination Plates

Soup of the Day

"A"
Barbecued Pork (cold)
Diced Chicken, Bean Sprouts
Sweet & Sour Spareribs
Fried Rice

\$17.00

"B"
Barbecued Pork (cold)
Deep Fried Shrimp
Chicken Chow Mein
Sweet & Sour Spareribs
Fried Rice

\$19.00

"C"
Crispy Beef Wonton
Deep Fried Shrimp
Beef Mix Greens
Cashew Nuts Chicken
Bean Sprouts
Barbecued Pork Fried Rice

\$22.00

Fortune Cookies