



J&L LINGNAN.com

LICENSED DINING LOUNGE
10582-104 Street

Phones: 780-426-3975
780-426-3976
780-426-3977

Time Phoned In.....

Time Wanted

PICK UP

PHONE

10% DISCOUNT

NAME

SUB TOTAL

ADDRESS

G.S.T.

SUITE # RING #

AMOUNT.....



1.....
2.....
3.....
4.....
5.....
6.....

~ WE USE PURE VEGETABLE OIL IN ALL OUR COOKING ~

APPETIZERS

- Deep Fried Wontons w /S & S ...12.00
- Green Onion Cake 6.00
- Sliced Barbecued Pork11.00
- Egg Rolls (each) 3.00
- Scallop Rolls (4)10.50
- Spring Rolls (4) 8.50
- Crispy Bo-Bo Pork (10)11.00
- D/Fried Chicken Wings, S&S14.00
- Vietnamese Spring Rolls (8) 8.00
- Pork Dumplings (10)12.00
- Vegetarian Spring Rolls (6)..... 8.00

SOUP

- Wonton 8.75
- Hot & Sour Soup10.75
- Wor Wonton16.75

CHOP SUEY (BEAN SPROUTS)

- Lingnan Special12.75
- Plain11.00
- Beef12.00
- Chicken12.00
- Mushroom12.00
- Shrimp13.75
- Diced Almond Chicken14.75
- Beef & Tomato14.75
- Triple Delight14.75

SPARE RIBS

- Lingnan Special Sweet & Sour
(Chinese Pickles)14.00
- Honey Garlic Ribs14.00
- Breaded Dry13.00
- Dry Garlic Ribs13.00
- Sweet & Sour13.00
- Pineapple Sweet & Sour14.00
- Sweet & Sour Sauce 2.50

CHOW MEIN (THIN)

- Cantonese13.75
- Chicken12.75
- Pork12.75
- Beef12.75
- Mushroom12.75
- Shrimp13.75
- Shanghai Noodle13.75
- Beef Aristocratic (Chinese Style).....16.75
- (Old Style) with Chicken12.75

FRIED RICE

- Lingnan Special13.75
- Plain11.75
- Steamed White Rice 4.75
- Pork12.75
- Chicken12.75
- Beef12.75
- Mushroom12.75
- Shrimp13.75
- Curry Beef14.00
- Tomato Beef14.00

Gourmet Special

- Plain Mixed Greens..... 13.00
- Lee Hong Chong Aristocratic 16.00
- Lobster Tail Canton 36.00
(Black Bean & Garlic Sauce)(Mince Pork)
- Lobster Aristocratic Pea Pod 36.00
- Goo Lo Sweet & Sour
Boneless Pork 15.00
- Mandarin Beef..... 17.00
- Ginger Beef (Pan Fried) 17.00
- Mongolian Filet Mignon 23.00
- Beef & Pea Pods 15.00
- Beef & Mixed Greens 15.00
- Beef & Broccoli 14.00
- Curried Beef & Vegetables 15.00
- Cashew Tossed Chicken 17.00
- Black Bean Chicken 17.00
- Gee Gee Chicken 17.00
- Lemon Chicken Canton 17.00
- Sesame Chicken Canton 16.00
- Honey Garlic Chicken Wings 15.00
- Peaches & Cream Shrimp 18.00
- Singapore Noodle..... 15.00
- Kung Pao Chicken..... 16.00
- Yang Chow Fried Rice 15.00
- Lo Han Jai..... 15.00

CHOICE CHICKEN

- Lemon Chicken15.50
- Almond Chicken15.50
- S & S Chicken Balls15.50
- Pineapple Chicken Balls15.50
- Mushroom Chicken Balls16.00
- Mushroom Chicken Gai Pan15.00

SEAFOODS

- Butterfly Shrimp (8)
(in Batter with Ham)16.75
- S & S Deep Fried Shrimp16.75
- Pineapple Deep Fried Shrimp16.75
- Deep Fried Shrimp15.75
- Fried Shrimps without Batter
In Tomato Sauce, Black Bean Garlic
Sauce or Curry Sauce16.75

EGG FOO YONG

- Lingnan Special14.00
- Shrimp14.00
- Chicken13.00
- Mushroom13.00
- Gravy..... 2.50

CANADIAN DISHES

- Chicken Finger Plate11.00
- French Fries 6.00

HOT & SPICY

- Szechuen Beef (crispy)17.00
- Szechuen Shrimp19.00
- Szechuen Chicken17.00
- Dry Spicy Chicken17.00
- Korean Chicken.....17.00
- Beijing Kung Pao Chicken17.00

COMBINATION PLATE \$19.00

- Barbecued Pork
- Deep Fried Shrimp
- Sweet & Sour Ribs
- Chicken Bean Sprout
- Fried Rice

DINNER FOR 2 41.00

- Chicken Chow Mein
- Sweet & Sour Spareribs
- Deep Fried Shrimp
- Chicken Fried Rice

DINNER FOR 4 70.00

- Beef Broccoli
- Chicken Chow Mein
- Sweet & Sour Spareribs
- Deep Fried Shrimp
- Lingnan Special Fried Rice

DINNER FOR 6 105.00

- Pineapple Chicken Balls
- Deep Fried Shrimp
- Chicken Bean Sprout
- Beef Broccoli
- Cantonese Chow Mein
- Lingnan Special Fried Rice
- Szechuen Beef

(\$17.50 for each additional person.
Extra Portions Increased
Accordingly)

BANQUET FACILITIES OR CATERING

FREE CITY WIDE DELIVERY

Starting On orders \$40.00 and up
** Conditions apply, ask for details
10% off on pick up orders over \$50.00

Weekdays 5:00 p.m. to 10:30 p.m.

Closed every Tuesday with exception of
Oiler Tuesday Home Games *
* Open 5:00 p.m. - 8:30 p.m.

Friday & Saturday 5:00 p.m. to 11:30 p.m.
Sunday & Holiday 4:00 p.m. to 8:30 p.m.

GUEST RECEIPT
G.S.T. #R103339909

Prices Subject to Change without Notice