



# The LINGNAN

LICENSED DINING LOUNGE  
10582 104 ST NW

TEL: (780) 426-3975

TIME PHONED .....

TIME WANTED .....

PHONE .....

SUBTOTAL .....

NAME .....

GST .....

ADDRESS .....

TOTAL .....

SUITE # ..... RING # .....

## APPETIZERS

|                                  |       |
|----------------------------------|-------|
| Deep Fried Wonton w/ S&S         | 14.00 |
| Green Onion Cake (2)             | 9.00  |
| Sliced Barbecued Pork            | 14.00 |
| Egg Roll (Each)                  | 3.75  |
| Spring Roll (4)                  | 9.50  |
| D/Fried Chicken Wings/ S&S       | 17.50 |
| Vietnamese Spring Rolls (8)      | 9.50  |
| Pork Dumplings (10)              | 15.00 |
| Vegetarian Spring Rolls (6)      | 9.50  |
| Rice Paper Chix Spring Rolls (8) | 12.00 |

## SOUP

|            |       |
|------------|-------|
| Wonton     | 12.00 |
| Hot & Sour | 14.00 |
| Wor Wonton | 23.00 |

## CHOP SUEY

|                     |       |
|---------------------|-------|
| Lingnan Special     | 16.75 |
| Plain               | 15.00 |
| Chicken             | 16.00 |
| Beef                | 16.00 |
| Mushroom            | 16.00 |
| Shrimp              | 17.75 |
| Triple Delight      | 18.75 |
| Side Cracker Noodle | 2.50  |

## SPARE RIBS

|                              |       |
|------------------------------|-------|
| Lingnan Special Sweet & Sour | 18.00 |
| Honey Garlic                 | 18.00 |
| Dry Garlic                   | 17.00 |
| Sweet & Sour                 | 17.00 |
| Pineapple Sweet & Sour       | 18.00 |

## CHOW MEIN (THIN)

|                         |       |
|-------------------------|-------|
| Cantonese               | 17.75 |
| Chicken                 | 16.75 |
| Pork                    | 16.75 |
| Beef                    | 16.75 |
| Mushroom                | 16.75 |
| Shrimp                  | 17.75 |
| Shanghai Noodle (Thick) | 18.75 |
| Beef Chinese Style      | 20.75 |
| Shrimp Chinese Style    | 23.75 |

## FRIED RICE

|                    |       |
|--------------------|-------|
| Lingnan Special    | 17.75 |
| Plain              | 15.75 |
| Steamed White Rice | 6.50  |
| Chicken            | 16.75 |
| Pork               | 16.75 |
| Beef               | 16.75 |
| Mushroom           | 16.75 |
| Shrimp             | 17.75 |
| Curry Beef         | 18.00 |
| Tomato Beef        | 18.00 |

## Gourmet Special

|  |       |
|--|-------|
| Lobster Tail Canton                        | 42.00 |
| (Black Bean & Garlic Sauce w/ Minced Pork) |       |
| Lobster Aristocratic Pea Pod               | 42.00 |
| Mongolian Filet Mignon                     | 28.00 |
| Peaches & Cream Shrimp                     | 23.00 |
| Cashew Tossed Chicken                      | 21.00 |
| Black Bean Chicken                         | 21.00 |
| Mandarin Beef                              | 21.00 |
| Ginger Beef (Ginger Root & Onion)          | 21.00 |
| Goo Lo Sweet & Sour Pork                   | 19.00 |
| Yang Chow Fried Rice                       | 19.00 |
| Singapore Noodle                           | 19.00 |

## Stir Fry Vegetables

|                                  |       |
|----------------------------------|-------|
| Plain Mixed Greens               | 17.00 |
| Lo Han Jai (Tofu & Mixed Greens) | 19.00 |
| Lee Hong Chong Aristocratic      | 20.00 |
| Beef & Pea Pods                  | 19.00 |
| Beef & Mixed Greens              | 19.00 |
| Beef & Broccoli                  | 18.00 |
| Curried Beef & Vegetables        | 19.00 |
| Beef & Fresh Tomato              | 19.00 |
| Mushroom Chicken Gai Pan         | 20.00 |
| Diced Almond Chicken (Celery)    | 19.00 |
| Kung Pao Chicken (Celery)        | 20.00 |

## CHOICE CHICKEN

|                                  |       |
|----------------------------------|-------|
| Lemon Chicken                    | 19.00 |
| Almond Chicken                   | 19.00 |
| Chicken Balls - S&S / Pineapple  | 19.00 |
| Honey Garlic Chicken Wings       | 19.00 |
| Lemon Chicken Canton (No Batter) | 21.00 |
| Gee Gee Chicken                  | 21.00 |

## SEAFOODS

|  |       |
|--|-------|
| Butterfly Shrimp (8) (Batter w/ Ham)         | 20.75 |
| Deep Fried Shrimp - S&S / Pineapple          | 20.75 |
| Deep Fried Shrimp                            | 19.75 |
| Fried Shrimp without Batter                  | 20.75 |
| (Tomato Sauce/Black Bean Garlic/Curry Sauce) |       |

## EGG FOO YONG

|                 |       |
|-----------------|-------|
| Lingnan Special | 18.00 |
| Shrimp          | 18.00 |
| Chicken         | 17.50 |
| Mushroom        | 17.50 |

## SIDE SAUCE

|              |      |
|--------------|------|
| Sweet & Sour | 3.00 |
| Pineapple    | 3.00 |
| Lemon        | 3.00 |
| Chili        | 4.00 |

|               |      |
|---------------|------|
| Cocktail      | 4.00 |
| Lingnan Chili | 5.00 |
| Lingnan Plum  | 4.00 |
| Curry         | 4.00 |
| Chinese Gravy | 3.00 |

## HOT & SPICY

|                          |       |
|--------------------------|-------|
| Szechuen Beef (Crispy)   | 21.00 |
| Imperial Peppercorn Beef | 21.00 |
| Szechuen Shrimp          | 23.00 |
| Dry Spicy Chicken        | 21.00 |
| Korean Chicken           | 21.00 |
| Beijing Kung Pao Chicken | 21.00 |
| Szechuen Chicken         | 21.00 |
| Dry Spicy Tofu           | 18.00 |
| Veg Spicy Green Bean     | 20.00 |

## COMBO PLATE 25.00

|                         |
|-------------------------|
| Barbecued Pork          |
| Deep Fried Shrimp       |
| Sweet & Sour Spare Ribs |
| Chicken Bean Sprout     |
| Fried Rice              |

## DINNER FOR 2 52.00

|                         |
|-------------------------|
| Chicken Chow Mein       |
| Sweet & Sour Spare Ribs |
| Deep Fried Shrimp       |
| Chicken Fried Rice      |

## DINNER FOR 4 92.00

|                            |
|----------------------------|
| Beef Broccoli              |
| Chicken Chow Mein          |
| Sweet & Sour Spare Ribs    |
| Deep Fried Shrimp          |
| Lingnan Special Fried Rice |

## DINNER FOR 6 138.00

|                            |
|----------------------------|
| Pineapple Chicken Balls    |
| Deep Fried Shrimp          |
| Chicken Bean Sprout        |
| Beef Broccoli              |
| Cantonese Chow Mein        |
| Lingnan Special Fried Rice |
| Szechuen Beef              |

23.00 for each additional person  
Extra portions  
increased accordingly

## CANADIAN DISHES

|                      |       |
|----------------------|-------|
| Chicken Finger Plate | 15.00 |
| French Fries         | 7.50  |

## FREE DELIVERY

ON APPLICABLE ORDERS

Starting on orders \$50 and up.  
Conditions apply, ask for details.

WEEKDAYS 4:30 PM - 9:00 PM  
FRI & SAT 4:30 PM - 10:00 PM TUES CLOSED  
SUN & HOLIDAY 3:30 PM - 8:00 PM

\*Prices Subject to Change Without Notice

GST # R103339909